

Heather Bailey™
SEWING PATTERNS



betty boo Sock Doll

www.HELLOmynameisHeather.com

GETTING STARTED

- **READ THROUGH ENTIRE PATTERN BEFORE STARTING.**
- See Glossary for definition of terms (designated with single asterisks throughout instructions).
- Change thread on machine to match fabric.
- Note that Illustrations are not always to scale.

MATERIALS LIST

- 1 sock with contrast toe and heel (child's sz. 5+ or woman's sz. 9-11)
- 7" w x 3.5" h fabric scrap for legs
- 4" w x 4.5" h wool-blend felt for wings
- 1/4 yd ribbon, 1/4"-3/8" wide
- 2 small buttons for eyes, 1/4" wide
- Felt for shirt flowers – or three small buttons
- Embroidery floss for eyebrows, mouth, fangs, & optional flowers
- Polyester stuffing
- Thread

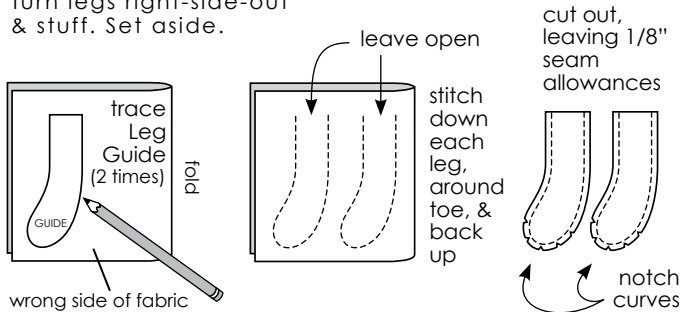
HELPFUL TOOLS

Pins, scissors, needle, water-soluble pen (or marking pencil), turning tool, stuffing tool (such as Stuffing Fork™ or chopstick)

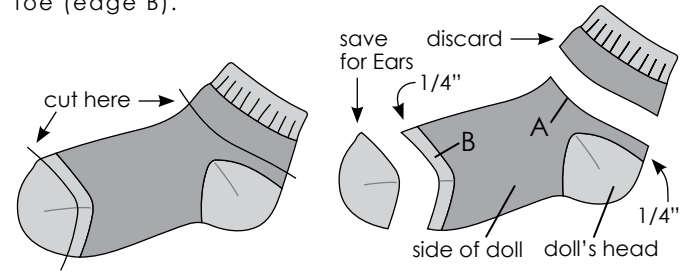
INSTRUCTIONS

A. Cut Out Pattern - Carefully cut out paper pattern pieces for Leg Guide, Wings, & Flower Button.

B. Sew Legs - With right sides together, fold leg fabric in half. Trace perimeter of Leg Guide two times onto top layer of fabric. For each leg, stitch along traced line through both layers of fabric; use small stitch-length on sewing machine. Leave short, blunt end of each leg unstitched. Cut out legs, allowing 1/8" of fabric as seam allowance. Notch curves at toe area. Turn legs right-side-out & stuff. Set aside.

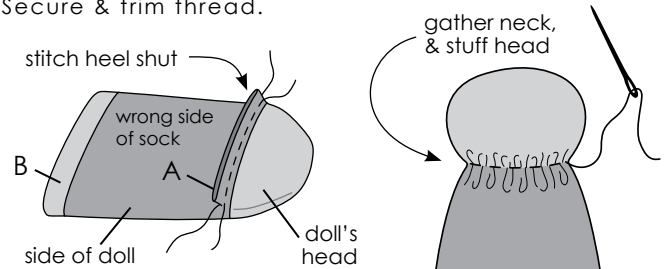


C. Cut Sock - Cut sock, as shown, 1/4" above contrasting heel (edge A), and 1/4" into contrasting toe (edge B).



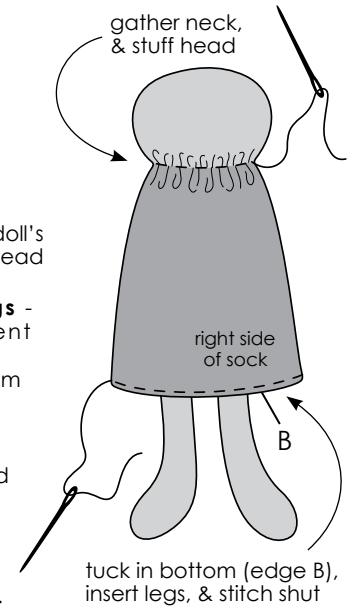
NOTE: Sock's toe area is not used as doll's head because the design on a novelty sock would appear upside-down on finished doll – and sock's toe seam would show.

D. Form Doll's Head - Turn sock wrong-side-out. Align cut edges near sock's heel (edge A), as shown. Hand-stitch shut or zig-zag by machine – do not overstretch fabric while sewing. Turn right-side-out. Stuff head (previously sock's contrast heel). Hand-stitch along edge of contrast with medium-length stitches. Gently pull thread to gather slightly, forming neck. Add more stuffing to head if needed & shape. Secure & trim thread.



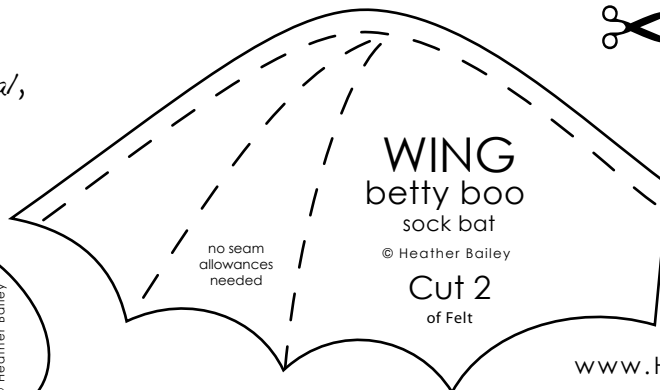
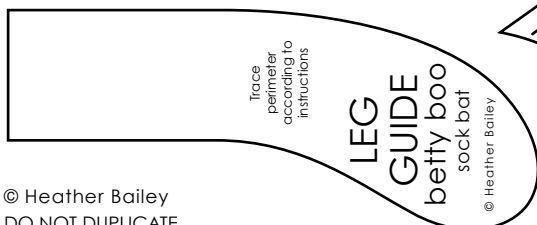
E. Stuff Body & Attach Legs -

Stuff body lightly to prevent over-stretching of sock material. Tuck in 1/4" seam allowance at bottom of doll (edge B – previously sock's contrast toe) & insert legs 1/4"; for added cuteness, make legs slightly-different lengths. Pin. Stitch across bottom, through all layers, to close body & secure legs.

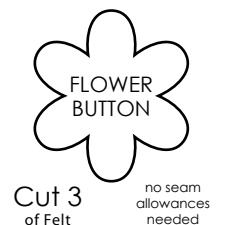


NOTE: Length of dress can be shortened by tucking in more than 1/4" at bottom.

Ask for Heather Bailey fabrics and sewing patterns at your local, independent fabric shop!

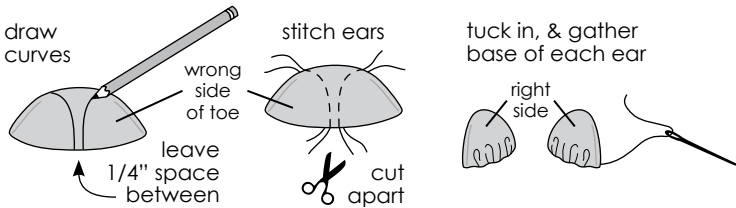


✂ Cut along this dashed line for easy storage of instructions.

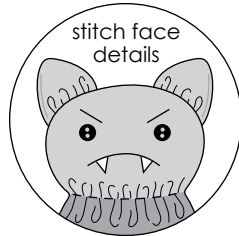


F. Sew Ears - With right-sides-together, flatten toe area of sock. With water-soluble pen, draw two curves for ears, as shown, leaving 1/4" space between curves. Stitch along marked lines. Cut out ears & turn right-sides-out. Tuck in raw edge at bottom of each ear & whip-stitch* shut. Gather base of each ear slightly, then whip-stitch* to doll's head at top back.

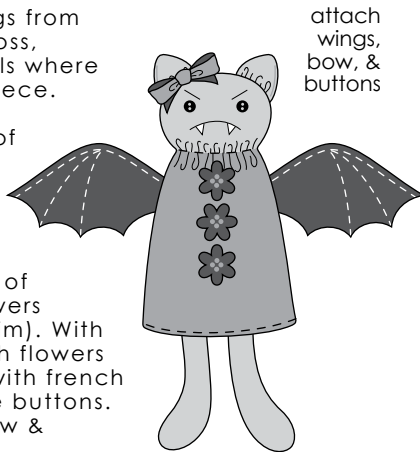
NOTE: Neck seam should be at back of doll unless you prefer the design on sock's reverse.



G. Stitch Face - Position neck seam at back of doll. On front of doll head, draw face details with water-soluble pen. Embroider teeth with satin-stitch*. Embroider eyebrows & mouth with back-stitch* or split-stitch*. Attach button eyes. Secure & trim thread.



H. Sew Wings - Cut wings from felt. With embroidery floss, back-stitch* wing details where indicated on pattern piece. Secure & trim thread. Position wings at sides of doll & hand-stitch in place.



I. Embellish Bat - Tie ribbon into bow. Stitch to top of head, in front of right ear. Cut three flowers from felt (or from felt trim). With embroidery floss, attach flowers at center front of doll with french knots* - or attach three buttons. (For a boy bat, omit bow & flowers.)

NOTE: If your doll is for a small child, make sure all small parts are secure to prevent a choking hazard.

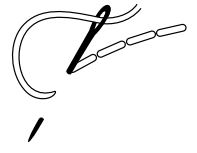
ENJOY!

METRIC CONVERSION CHART

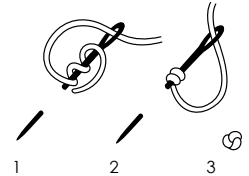
IMPERIAL	METRIC	TO CONVERT	INTO	MULTIPLY BY
1/8 in	3.2 mm	inches	centimeters	2.54
1/4 in	6.4 mm	yards	meters	1.0936
EXTRA HELP		12 inches = 1 foot 3 feet = 1 yard		

GLOSSARY in alphabetical order

Back-Stitch (hand-embroidery) - From top side of fabric, insert needle and poke it back up one stitch-length farther. Now insert needle back through same location you last poked needle down through. Poke needle back up two stitch-lengths farther and then back down through previous entry point. Repeat until decorative sewing is complete.



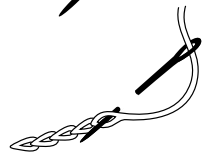
French Knot - From back side of fabric, poke threaded needle to top side of fabric where knot is to be formed. Starting at base of thread, wrap thread around needle two or three times, spiraling away from fabric. Turn needle and reinsert it near to where thread originated (not in same hole though). Slide knot next to fabric surface. Pull needle through to back, or to next knot's location, while holding wrapped threads against fabric. A knot will form on top side.



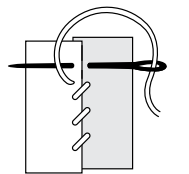
Satin-Stitch - Great for filling areas with solid color. Draw shape onto fabric with water-soluble pen. Sew straight stitches closely together across shape to fill with color. Keep edges even.



Split-Stitch - Split-stitches are great for stitching outlines and following curves. Use an even number of loosely-twisted strands of thread, like embroidery floss. With each stitch, poke needle up through center of thread strands, splitting strands in half.



Whip-Stitch - Join two pieces by stitching from one to the other with the needle perpendicular to edges being joined.



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